

Check website for calendar of availability, reservations highly recommended. Also included with our Into the Dark Overnight Adventure Package.

## Minimum Age Requirement: 16 years old

Tour Duration\*: Approximately 4 hours

## This EXTREME caving tour is for experienced explorers and thrill seekers who are in good shape!

**Planning For Your Caving Trip:** Helmets and helmet lights are provided by Cumberland Caverns for use on this tour. <u>Everyone participating in this tour must take a test crawl through "The Box" (approximately 12-inches tall, by 33-inches wide).</u> This box was created to represent the smallest spaces everyone will be crawling through. Participants may bring their own camera and/or additional light source on this tour, however it is not necessary. In addition, please keep in mind that any type of camera or phone could end up broken – take them at your own risk. Chewing gum, food, drinks, and laser pointers are prohibited.

What To Expect: This intense spelunking tour leads you to a site that few get to witness in person, The Monument Pillar! A stroll through the darkness of the Ten Acre Room leads you to the beginning of this caving adventure. You will begin your adventure by crossing the infamous "Devil's Quarry." This labyrinth of break-down and boulders is just to let you know this is definitely not a trip for the beginning caver. By the time you reach "The Isle of Confusion" you will be ready for a rest, but the adventure is far from over. Some of the most beautiful passages in Cumberland Caverns lie ahead as you crawl on your hands and knees, get muddy, and use ropes and some of our tallest ladders to explore winding canyon passageways and crevasses.

A high, twisting rock climb leads you to the grand prize of this trip - "The Monument Pillar." This formation has been described as the most beautiful single formation ever seen. You will be glad you brought your camera for this rare and beautiful site. Make some memories and take lots of cave photos to show your friends and family! This is a guided tour along a specified, approved route in the cave, <u>you must stay with your guide at all times.</u> \*All tour duration times vary depending on the size and athleticism of the entire group.

## What To Wear For This Tour: We REQUIRE you to bring and wear gloves, sturdy, lace up, closed-toe shoes or

**boots, and long pants** (NO SHORTS!). We recommend wearing clothes and shoes that you do not mind getting muddy/wet, stained, or torn. We suggest a T-shirt or thin, long sleeves and long pants/jeans (not shorts).. You may also wish to bring a change of clothes/shoes for after the tour is complete, to keep the inside of your vehicle from getting muddy. We do not recommend wearing jewelry, such as necklaces or bracelets, on this tour. We also recommend kneepads to wear on this tour. Bottled water is allowed to be brought on tour with you, but no other outside food or drinks. Helmets and headlamps will be provided for use on the tour.

## **CAUTION STATEMENT**

**DO** participate in these spelunking adventures if you have a sense of adventure, a thrill seeking condition, and a need for physical activity.

DO NOT participate in these spelunking adventure tours if you have a heart or respiratory condition, knee or back problems.

For additional questions or to make a reservation visit our website www.cumberlandcaverns.com

To contact us: 931-668-4396 rsvp@cumberlandcaverns.com