



# Higgenbotham's Hollow

## Adventure Tour

Check website for calendar of availability, reservations highly recommended. Also offered as part of the Skylight Sleepover Overnight Adventure Package.

**Minimum Age Requirement: 11 years old**

**Tour Duration\*: Approximately 3 hours**

**This tour is recommended for experienced explorers and thrill seekers who are in good shape.**

**Planning For Your Caving Trip:** Helmets and helmet lights are provided by Cumberland Caverns for use on this tour. Everyone participating in this tour must take a test crawl through "The Box" (approximately 12-inches tall, by 33-inches wide). This box was created to represent the smallest spaces everyone will be crawling through. Participants may bring their own camera and/or additional light source on this tour, however it is not necessary. In addition, please keep in mind that any type of camera or phone could end up broken – take them at your own risk. Chewing gum, food, drinks, and laser pointers are prohibited.



**What To Expect:** Brace yourself for A LOT of FUN and MEMORIES you will never forget!! Your guide will go over rules and fit you with a helmet and headlamp, and then you will embark on a 1-mile hike across Cardwell Mountain to the historic entrance of Cumberland Caverns. Challenge yourself on the route that is said to turn Higgenbotham's hair white! Climb up and down tall ladders and large rocks, crawl on your hands, knees, and belly as you squeeze through tight passageways like the "Birth Canal", and slide down some of our many naturally formed mud slides. Tighten up your shoe laces, as you prepare to slosh through the unforgettable "Bubblegum Alley", test your balance on the "Tight Rope" mud formation, and walk carefully up the scales on the "Dragon's Back". This is a guided tour along a specified route in the cave, you must stay with your guide at all times. **\*All tour duration times vary depending on the size and athleticism of the entire group.**

**What To Wear For This Tour:** We **REQUIRE wearing gloves, sturdy, lace up, closed-toe shoes or boots and long pants** (NO SHORTS!) We recommend wearing clothes and shoes that you do not mind getting muddy/wet, stained, or torn. We suggest a T-shirt or thin, long sleeves. You may also wish to bring a change of clothes/shoes for after the tour is complete, to keep the inside of your vehicle from getting muddy. We highly recommend kneepads to wear on this tour. Only pure water is allowed to be brought on tour with you, no other outside food or drinks. Helmets and headlamps will be provided for use on the tour.



For additional questions or to make a reservation visit our website [www.cumberlandcaverns.com](http://www.cumberlandcaverns.com)

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